The Hormone center

Spring 2018 Newsletter

MEDICINE THAT'S PERSONAL

THIS MONTH'S
TOP STORIES

Important Changes to Policy

Dear Valued Patient:

We sincerely thank you for trusting The Hormone Center staff with your care. Over the last ten years, we've striven to be at the forefront of integrative medicine with innovative treatments.

We are grateful that our practice continues to grow. We want to continue to provide access to our providers as well as an excellent patient experience. Unfortunately, excessive cancellations and rescheduling of appointments are inhibiting our ability to deliver. Out of respect for our patients' time we do not double-book to offset cancellations. Therefore we must take other steps to mitigate the issue.

Therefore, effective April 10th, 2018, the following policies will take effect:

- Patients must give The Hormone Center one week's notice in cancelling or rescheduling their appointments or the current $75 fee will be charged.

- Given that we are on the forefront of many treatments, we must ensure from a medical liability standpoint that we regularly monitor our patients. Therefore a patient must have a consultation in accordance with his/her provider's recommendations. WE WILL NOT RENEW PRESCRIPTIONS IF A PATIENT HAS NOT HAD A CONSULTATION WITHIN THE PROVIDER'S TIMEFRAME. THERE WILL BE NO EXCEPTIONS TO THIS POLICY If a patient needs a refill and cannot consult with his/her provider, the patient may be able to schedule with another provider.

- Many items are discussed at an office visit, with the main emphasis on symptoms and the results of the treatment plan. And while labs are one part of the visit, symptom monitoring is vastly more important. Therefore, not having completed labs should not preclude a patient from keeping his/her appointment.

  The provider will analyze labs at a later time to determine if any treatment changes are necessary.

- Excessive cancellations or rescheduling of appointments (even if they occur outside of a week's notice) may result in the patient being permanently assigned to a different provider or discharged from the practice.

We hope that our patients will understand that these policies are necessary for us to remain one of the only independent medical practices in the area. Thank you for being a patient of The Hormone Center.

Sincerely,

Sigi Loya, President

We Put All Your Supplements and More in One Place

Order Quickly and Easily From the Supplement Store on Our Website

STEP 1: Open your web browser and navigate to **www.hormonecenter.net**

STEP 2: Hover over the online store tab and then click **'Supplements'**

STEP 3: All patients have a default login created for them, the default login is

Username: (email on file with us)
ex. janedoe@gmail.com

Password: (capitalized first initial, title cased last name)
ex. JDoe

There is only one area where you must enter a password. Optionally, you can create an account on the online store area as well.
Information such as your address and credit card can be saved here for quicker ordering.
If you choose not to, continue orders as GUEST

Be aware that orders sometimes come in more than one package!

Troubleshooting

- You can ask for assistance by typing into our chat icon which will appear in the bottom right of your screen when you are on our website
- If you are unable to login or experience issues, send an email to kim@hormonecenter.net and joe@hormonecenter.net

Make sure your case sensitive password is entered correctly

Grab The 10% Discount Code At The Bottom Of The Next Page

Next Week Only, Orders of $100+ Ship FREE (Normally $150+)

http://www.hormonecenter.net/supplements

Introducing iVitality DRIP

For many years, Dr. Lauren Loya has been incorporating vitamin IVs into treatments for Fibromyalgia and Chronic Fatigue patients. She found that IVs provided immediate relief from pain, improved sleep and increased immune system response in patients that had been sick for years.

She wondered, “if IVs could work for the sickest of patients, what could they do for patients wanting to improve their wellbeing?”

Dr. Loya has formulated eight new proprietary IVs to meet the needs of almost everyone.

VIsit ivitalitydrip.com and decide which IV could be right for you.

Take advantage of our presale starting March 26th and running through April 6th.

All IV therapy pre sales will be 20% off.

Call 412-432-7909 to purchase your IVs.

Use code IV20 to save 20% through April 6th.

IV therapy will begin on April 16th in both our Cranberry and South Side locations.

iPerform

Optimal Athletic Performance
Increased Energy and Stamina
Mental Focus
Decreased Fatigue and Recovery Time
Increase Muscular Strengthening Activity

iHydrate

Rehydrate
Headaches
Hangovers
Post Sickness

iPrevent

Immune Booster
Combat Illnesses
Stress Management
Detoxification

iRevitalize

Glowing Skin
Healthy Hair and Nails
Cellular Health
Reduce Visible signs of Aging
Detoxification

iRelax

Stress
Anxiety
Sleep Problems
Irritability
Relaxation
Mental Clarity

iVital C

Booster for those going through Major Illness and Immune System Deficiencies

iRecover

Rehydration
Headaches
Nausea and Upset Stomach
Detoxify Cells

iEnergize

Mental Focus.
Boost Energy Levels
Nutrient Absorption
Improve Mood and Lower Anxiety

www.ivitalitydrip.com

The Coupon Code For 10% OFF Supplements is ‘ SPRING10 ‘

Trigger Point Therapy

For those experiencing muscle pain, trigger point injections may be an option. It is used to relax stubborn muscle knots. Many people can feel the knots under their skin. Often those same knots cause referred pain felt elsewhere. For example, have you ever worked out a knot in your shoulder and you feel relief in your neck?
In a trigger point injection session, a small needle containing a local anesthetic is inserted into the patient's trigger point areas. The procedure takes between 5 - 10 minutes. The effect is immediate and usually results in sustained relief. You'll feel better before you leave the office!
Available in Cranberry office only

Week of March 25th only, get $10 off an initial trigger point session

www.hormonecenter.net/allergy-drops/

Don't Suffer This Allergy Season.

Allergy drops consist of natural allergens in a glycerin base - the same vaccine that allergists use through injections. Like injection immunotherapy, allergy drops stimulate the immune system to protect against environmental airborne allergens without drug side effects.
No one likes to get shots, especially kids. The drops can be self-administered under the tongue without the risk of dangerous reactions (such as anaphylactic shock).
Diagnosis is done through blood testing which is significantly more accurate than the traditional skin prick test.
Patients fill out an allergy questionnaire which is reviewed by a medical provider. If allergy symptoms exist, the medical provider issues a blood lab order for the patient.
Once the results are received, the medical provider reviews the findings to determine whether environmental allergies exist. If so, the patient visits with the medical provider to go over the findings as well as to start treatment.
If no environmental allergies exist, the medical provider will inform the patient as well as discuss whether the patient wants to explore other potential causes of their symptoms.

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412.432.7909 www.hormonecenter.net info@hormonecenter.net